# Optimization for Machine Learning CS-439

Lecture 5: Stochastic Gradient Descent and Non-convex optimization

**Nicolas Flammarion** 

EPFL - github.com/epfml/OptML\_course

March 26, 2021

# Chapter 5

### **Stochastic Gradient Descent**

# Stochastic gradient descent

Many objective functions are sum structured:

$$f(\mathbf{x}) = \frac{1}{n} \sum_{i=1}^{n} f_i(\mathbf{x}).$$

Example:  $f_i$  is the cost function of the i-th observation, taken from a training set of n observation.

Evaluating  $\nabla f(\mathbf{x})$  of a sum-structured function is expensive (sum of n gradients).

# Stochastic gradient descent: the algorithm

choose  $\mathbf{x}_0 \in \mathbb{R}^d$ .

sample 
$$i \in [n]$$
 uniformly at random  $\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma_t \nabla f_i(\mathbf{x}_t).$ 

for times  $t = 0, 1, \ldots$ , and stepsizes  $\gamma_t \ge 0$ .

Only update with the gradient of  $f_i$  instead of the full gradient!

Iteration is n times cheaper than in full gradient descent.

The vector  $\mathbf{g}_t := \nabla f_i(\mathbf{x}_t)$  is called a stochastic gradient.

 $\mathbf{g}_t$  is a vector of d random variables, but we will also simply call this a random variable.

#### **Unbiasedness**

Can't use convexity

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \le \mathbf{g}_t^{\top}(\mathbf{x}_t - \mathbf{x}^*)$$

on top of the vanilla analysis, as this may hold or not hold, depending on how the stochastic gradient  $\mathbf{g}_t$  turns out.

We will show (and exploit): the inequality holds in expectation.

For this, we use that by definition,  $\mathbf{g}_t$  is an **unbiased estimate** of  $\nabla f(\mathbf{x}_t)$ :

$$\mathbb{E}\big[\mathbf{g}_t\big|\mathbf{x}_t = \mathbf{x}\big] = \frac{1}{n}\sum_{i=1}^n \nabla f_i(\mathbf{x}) = \nabla f(\mathbf{x}), \quad \mathbf{x} \in \mathbb{R}^d.$$

# The inequality $f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)$ holds in expectation

For any fixed x, linearity of conditional expectations (Exercise 35) yields

$$\mathbb{E}\left[\mathbf{g}_t^{\top}(\mathbf{x} - \mathbf{x}^{\star}) \middle| \mathbf{x}_t = \mathbf{x}\right] = \mathbb{E}\left[\mathbf{g}_t \middle| \mathbf{x}_t = \mathbf{x}\right]^{\top}(\mathbf{x} - \mathbf{x}^{\star}) = \nabla f(\mathbf{x})^{\top}(\mathbf{x} - \mathbf{x}^{\star}).$$

Event  $\{\mathbf{x}_t = \mathbf{x}\}$  can occur only for  $\mathbf{x}$  in some finite set X ( $\mathbf{x}_t$  is determined by the choices of indices in all iterations so far). Partition Theorem (Exercise 35):

$$\mathbb{E}[\mathbf{g}_t^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})] = \sum_{\mathbf{x} \in X} \mathbb{E}[\mathbf{g}_t^{\top}(\mathbf{x} - \mathbf{x}^{\star}) | \mathbf{x}_t = \mathbf{x}] \operatorname{prob}(\mathbf{x}_t = \mathbf{x})$$

$$= \sum_{\mathbf{x} \in X} \nabla f(\mathbf{x})^{\top}(\mathbf{x} - \mathbf{x}^{\star}) \operatorname{prob}(\mathbf{x}_t = \mathbf{x}) = \mathbb{E}[\nabla f(\mathbf{x}_t)^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})].$$

Hence,

↓ convexity

$$\mathbb{E}\left[\mathbf{g}_t^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})\right] = \mathbb{E}\left[\nabla f(\mathbf{x}_t)^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})\right] \geq \mathbb{E}\left[f(\mathbf{x}_t) - f(\mathbf{x}^{\star})\right].$$

# Bounded stochastic gradients: $\mathcal{O}(1/\varepsilon^2)$ steps

#### **Theorem**

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be convex and differentiable,  $\mathbf{x}^*$  a global minimum; furthermore, suppose that  $\|\mathbf{x}_0 - \mathbf{x}^*\| \le R$ , and that  $\mathbb{E}\big[\|\mathbf{g}_t\|^2\big] \le B^2$  for all t. Choosing the constant stepsize

$$\gamma := \frac{R}{B\sqrt{T}}$$

stochastic gradient descent yields

$$\frac{1}{T} \sum_{t=0}^{T-1} \mathbb{E}[f(\mathbf{x}_t)] - f(\mathbf{x}^*) \le \frac{RB}{\sqrt{T}}.$$

Same procedure as every week...except

- we assume bounded stochastic gradients in expectation;
- error bound holds in expectation.

# Bounded stochastic gradients: $\mathcal{O}(1/\varepsilon^2)$ steps II

Proof.

Vanilla analysis (this time,  $g_t$  is the stochastic gradient):

$$\sum_{t=0}^{T-1} \mathbf{g}_t^{\top} (\mathbf{x}_t - \mathbf{x}^{\star}) \le \frac{\gamma}{2} \sum_{t=0}^{T-1} \|\mathbf{g}_t\|^2 + \frac{1}{2\gamma} \|\mathbf{x}_0 - \mathbf{x}^{\star}\|^2.$$

Taking expectations and using "convexity in expectation":

$$\sum_{t=0}^{T-1} \mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)] \leq \sum_{t=0}^{T-1} \mathbb{E}[\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)] \leq \frac{\gamma}{2} \sum_{t=0}^{T-1} \mathbb{E}[\|\mathbf{g}_t\|^2] + \frac{1}{2\gamma} \|\mathbf{x}_0 - \mathbf{x}^*\|^2$$
$$\leq \frac{\gamma}{2} B^2 T + \frac{1}{2\gamma} R^2.$$

Result follows as every week (optimize  $\gamma$ ) . . .

# Convergence rate comparison: SGD vs GD

Classic GD: For vanilla analysis, we assumed that  $\|\nabla f(\mathbf{x})\|^2 \leq B_{\mathsf{GD}}^2$  for all  $\mathbf{x} \in \mathbb{R}^d$ , where  $B_{\mathsf{GD}}$  was a constant. So for sum-objective:

$$\left\| \frac{1}{n} \sum_{i} \nabla f_i(\mathbf{x}) \right\|^2 \le B_{\mathsf{GD}}^2 \qquad \forall \mathbf{x}$$

SGD: Assuming same for the expected squared norms of our stochastic gradients, now called  $B_{\rm SGD}^2$ .

$$\frac{1}{n} \sum_{i} \left\| \nabla f_i(\mathbf{x}) \right\|^2 \le B_{\mathsf{SGD}}^2 \qquad \forall \mathbf{x}$$

So by Jensen's inequality for  $\|.\|^2$ 

- ▶  $B_{\mathsf{GD}}^2 \approx \left\| \frac{1}{n} \sum_{i} \nabla f_i(\mathbf{x}) \right\|^2 \leq \frac{1}{n} \sum_{i} \left\| \nabla f_i(\mathbf{x}) \right\|^2 \approx B_{\mathsf{SGD}}^2$
- ▶  $B_{\mathsf{GD}}^2$  can be smaller than  $B_{\mathsf{SGD}}^2$ , but often comparable. Very similar if larger mini-batches are used.

# Tame strong convexity: $\mathcal{O}(1/\varepsilon)$ steps

#### **Theorem**

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be differentiable and strongly convex with parameter  $\mu > 0$ ; let  $\mathbf{x}^*$  be the unique global minimum of f. With decreasing step size

$$\gamma_t := \frac{2}{\mu(t+1)}$$

stochastic gradient descent yields

$$\mathbb{E}\Big[f\Big(\frac{2}{T(T+1)}\sum_{t=1}^{T}t\cdot\mathbf{x}_t\Big)-f(\mathbf{x}^{\star})\Big]\leq \frac{2B^2}{\mu(T+1)},$$

where  $B^2 := \max_{t=1}^T \mathbb{E}[\|\mathbf{g}_t\|^2]$ .

Almost same result as for subgradient descent, but in expectation.

# Tame strong convexity: $\mathcal{O}(1/\varepsilon)$ steps II

Proof.

Take expectations over vanilla analysis, before summing up (with varying stepsize  $\gamma_t$ ):

$$\mathbb{E}\left[\mathbf{g}_t^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})\right] = \frac{\gamma_t}{2} \mathbb{E}\left[\|\mathbf{g}_t\|^2\right] + \frac{1}{2\gamma_t} \left(\mathbb{E}\left[\|\mathbf{x}_t - \mathbf{x}^{\star}\|^2\right] - \mathbb{E}\left[\|\mathbf{x}_{t+1} - \mathbf{x}^{\star}\|^2\right]\right).$$

"Strong convexity in expectation":

$$\mathbb{E}\left[\mathbf{g}_t^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})\right] = \mathbb{E}\left[\nabla f(\mathbf{x}_t)^{\top}(\mathbf{x}_t - \mathbf{x}^{\star})\right] \ge \mathbb{E}\left[f(\mathbf{x}_t) - f(\mathbf{x}^{\star})\right] + \frac{\mu}{2}\mathbb{E}\left[\|\mathbf{x}_t - \mathbf{x}^{\star}\|^2\right]$$

Putting it together (with  $\mathbb{E}[\|\mathbf{g}_t\|^2] \leq B^2$ ):

$$\mathbb{E}[f(\mathbf{x}_{t}) - f(\mathbf{x}^{*})] \leq \frac{B^{2} \gamma_{t}}{2} + \frac{(\gamma_{t}^{-1} - \mu)}{2} \mathbb{E}[\|\mathbf{x}_{t} - \mathbf{x}^{*}\|^{2}] - \frac{\gamma_{t}^{-1}}{2} \mathbb{E}[\|\mathbf{x}_{t+1} - \mathbf{x}^{*}\|^{2}].$$

Proof continues as for subgradient descent, this time with expectations.

#### Mini-batch SGD

Instead of using a single element  $f_i$ , use an average of several of them:

$$\tilde{\mathbf{g}}_t := \frac{1}{m} \sum_{j=1}^m \mathbf{g}_t^j.$$

#### Extreme cases:

 $m=1 \Leftrightarrow \mathsf{SGD}$  as originally defined

 $m=n \Leftrightarrow \mathsf{full} \; \mathsf{gradient} \; \mathsf{descent}$ 

Benefit: Gradient computation can be naively parallelized

#### Mini-batch SGD

Variance Intuition: Taking an average of many independent random variables reduces the variance. So for larger size of the mini-batch m,  $\tilde{\mathbf{g}}_t$  will be closer to the true gradient, in expectation:

$$\mathbb{E}\left[\left\|\tilde{\mathbf{g}}_{t} - \nabla f(\mathbf{x}_{t})\right\|^{2}\right] = \mathbb{E}\left[\left\|\frac{1}{m}\sum_{j=1}^{m}\mathbf{g}_{t}^{j} - \nabla f(\mathbf{x}_{t})\right\|^{2}\right]$$

$$= \frac{1}{m}\mathbb{E}\left[\left\|\mathbf{g}_{t}^{1} - \nabla f(\mathbf{x}_{t})\right\|^{2}\right]$$

$$= \frac{1}{m}\mathbb{E}\left[\left\|\mathbf{g}_{t}^{1}\right\|^{2}\right] - \frac{1}{m}\|\nabla f(\mathbf{x}_{t})\|^{2} \le \frac{B^{2}}{m}.$$

Using a modification of the SGD analysis, can use this quantity to relate convergence rate to the rate of full gradient descent.

# **Stochastic Subgradient Descent**

For problems which are not necessarily differentiable, we modify SGD to use a subgradient of  $f_i$  in each iteration. The update of **stochastic subgradient descent** is given by

sample 
$$i \in [n]$$
 uniformly at random let  $\mathbf{g}_t \in \partial f_i(\mathbf{x}_t)$  
$$\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma_t \mathbf{g}_t.$$

In other words, we are using an unbiased estimate of a subgradient at each step,  $\mathbb{E}[\mathbf{g}_t|\mathbf{x}_t] \in \partial f(\mathbf{x}_t)$ .

Convergence in  $\mathcal{O}(1/\varepsilon^2)$ , by using the subgradient property at the beginning of the proof, where convexity was applied.

### **Constrained optimization**

For constrained optimization, our theorem for the SGD convergence in  $\mathcal{O}(1/\varepsilon^2)$  steps directly extends to constrained problems as well.

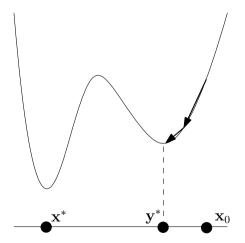
After every step of SGD, projection back to X is applied as usual. The resulting algorithm is called projected SGD.

# Chapter 6

# **Non-convex Optimization**

#### Gradient Descent in the nonconvex world

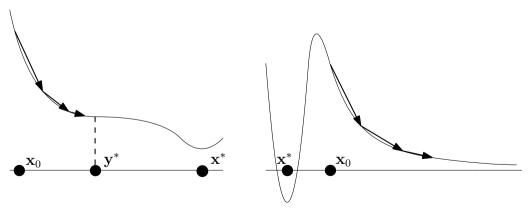
▶ may get stuck in a local minimum and miss the global minimum;



#### Gradient Descent in the nonconvex world II

Even if there is a unique local minimum (equal to the global minimum), we

- may get stuck in a saddle point;
- run off to infinity;
- possibly encounter other bad behaviors.



#### Gradient Descent in the nonconvex world III

Often, we observe good behavior in practice.

Theoretical explanations mostly missing.

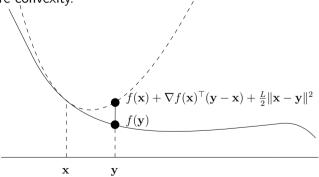
This lecture: under favorable conditions, we sometimes can say something useful about the behavior of gradient descent, even on nonconvex functions.

# Smooth (but not necessarily convex) functions

**Recall:** A differentiable  $f:\mathbf{dom}(f)\to\mathbb{R}$  is smooth with parameter  $L\in\mathbb{R}_+$  over a convex set  $X\subseteq\mathbf{dom}(f)$  if

$$f(\mathbf{y}) \le f(\mathbf{x}) + \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^{2} \mathbf{x}, \mathbf{y} \in X.$$
 (1)

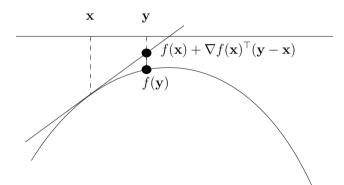
Definition does not require convexity.



#### **Concave functions**

f is called **concave** if -f is convex.

For all  $\mathbf{x}$ , the graph of a differentiable concave function is below the tangent hyperplane at  $\mathbf{x}$ .



 $\Rightarrow$  concave functions are smooth with L=0... but boring from an optimization point of view (no global minimum), gradient descent runs off to infinity

#### **Bounded Hessians** ⇒ **smooth**

#### Lemma

Let  $f: \mathbf{dom}(f) \to \mathbb{R}$  be twice differentiable, with  $X \subseteq \mathbf{dom}(f)$  a convex set, and  $\|\nabla^2 f(\mathbf{x})\| \le L$  for all  $\mathbf{x} \in X$ , where  $\|\cdot\|$  is spectral norm. Then f is smooth with parameter L over X.

#### Examples:

- lacktriangle all quadratic functions  $f(\mathbf{x}) = \mathbf{x}^{\top} A \mathbf{x} + \mathbf{b}^{\top} \mathbf{x} + c$
- $f(x) = \sin(x)$  (many global minima)

### **Bounded Hessians** ⇒ **smooth II**

Proof.

By Theorem 1.9 (applied to the gradient function  $\nabla f$ ), bounded Hessians imply Lipschitz continuity of the gradient,

$$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\| \le L \|\mathbf{x} - \mathbf{y}\|, \quad \mathbf{x}, \mathbf{y} \in X.$$

To show that this implies smoothness, we use  $h(1) - h(0) = \int_0^1 h'(t)dt$  with

$$h(t) := f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})), \quad t \in [0, 1],$$

Chain rule:

$$h'(t) = \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))^{\top}(\mathbf{y} - \mathbf{x}).$$

### **Bounded Hessians** ⇒ smooth III

Proof.

For  $\mathbf{x}, \mathbf{y} \in X$ :

$$f(\mathbf{y}) - f(\mathbf{x}) - \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x})$$

$$= h(1) - h(0) - \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x}) \quad \text{(definition of } h\text{)}$$

$$= \int_{0}^{1} h'(t)dt - \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x})$$

$$= \int_{0}^{1} \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))^{\top} (\mathbf{y} - \mathbf{x})dt - \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x})$$

$$= \int_{0}^{1} (\nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))^{\top} (\mathbf{y} - \mathbf{x}) - \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x}))dt$$

$$= \int_{0}^{1} (\nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}))^{\top} (\mathbf{y} - \mathbf{x})dt$$

### **Bounded Hessians** ⇒ **smooth IV**

Proof.

For  $\mathbf{x}, \mathbf{v} \in X$ :

$$f(\mathbf{y}) - f(\mathbf{x}) - \nabla f(\mathbf{x})^{\top} (\mathbf{y} - \mathbf{x})$$

$$= \int_{0}^{1} \left( \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}) \right)^{\top} (\mathbf{y} - \mathbf{x}) dt$$

$$\leq \int_{0}^{1} \left| \left( \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}) \right)^{\top} (\mathbf{y} - \mathbf{x}) \right| dt$$

$$\leq \int_{0}^{1} \left\| \left( \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}) \right) \right\| \left\| (\mathbf{y} - \mathbf{x}) \right\| dt \quad \text{(Cauchy-Schwarz)}$$

$$\leq \int_{0}^{1} L \left\| t(\mathbf{y} - \mathbf{x}) \right\| \left\| (\mathbf{y} - \mathbf{x}) \right\| dt \quad \text{(Lipschitz continuous gradients (6.1))}$$

$$= \int_{0}^{1} L t \left\| \mathbf{x} - \mathbf{y} \right\|^{2} = \frac{L}{2} \left\| \mathbf{x} - \mathbf{y} \right\|^{2}.$$

### Smooth ⇒ bounded Hessians?

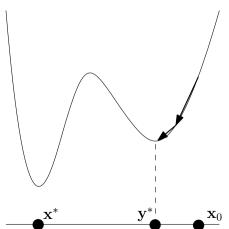
Yes, over any open convex set X (Exercise 36).

#### Gradient descent on smooth functions

Will prove:  $\|\nabla f(\mathbf{x}_t)\|^2 \to 0$  for  $t \to \infty$ ...

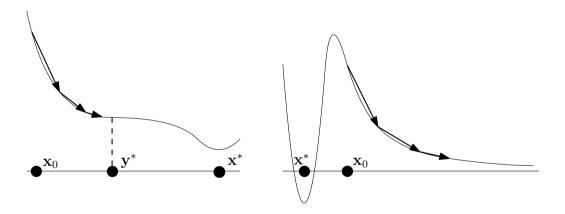
...at the same rate as  $f(\mathbf{x}_t) - f(\mathbf{x}^{\star}) \to 0$  in the convex case.

 $f(\mathbf{x}_t) - f(\mathbf{x}^*)$  itself may not converge to 0 in the nonconvex case:



# What does $\|\nabla f(\mathbf{x}_t)\|^2 \to 0$ mean?

It may or may not mean that we converge to a **critical point**  $(\nabla f(\mathbf{y}^\star) = \mathbf{0})$ 



# Gradient descent on smooth (not necessarily convex) functions

#### **Theorem**

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be differentiable with a global minimum  $\mathbf{x}^*$ ; furthermore, suppose that f is smooth with parameter L according to Definition 2.2. Choosing stepsize

$$\gamma := \frac{1}{L},$$

gradient descent yields

$$\frac{1}{T} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 \le \frac{2L}{T} (f(\mathbf{x}_0) - f(\mathbf{x}^*)), \quad T > 0.$$

In particular,  $\|\nabla f(\mathbf{x}_t)\|^2 \leq \frac{2L}{T} (f(\mathbf{x}_0) - f(\mathbf{x}^*))$  for some  $t \in \{0, \dots, T-1\}$ .

And also,  $\lim_{t\to\infty} \|\nabla f(\mathbf{x}_t)\|^2 = 0$  (Exercise 37).

# Gradient descent on smooth (not necessarily convex) functions II

Proof.

Sufficient decrease (Lemma 2.6), does not require convexity:

$$f(\mathbf{x}_{t+1}) \le f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2, \quad t \ge 0.$$

Rewriting:

$$\|\nabla f(\mathbf{x}_t)\|^2 \le 2L \big(f(\mathbf{x}_t) - f(\mathbf{x}_{t+1})\big).$$

Telescoping sum:

$$\sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 \le 2L \big(f(\mathbf{x}_0) - f(\mathbf{x}_T)\big) \le 2L \big(f(\mathbf{x}_0) - f(\mathbf{x}^*)\big).$$

The statement follows (divide by T).

# No overshooting

In the smooth setting, and with stepsize 1/L, gradient descent cannot overshoot, i.e. pass a critical point (Exercise 38).

